



The Coyote Howl

“Principal’s Page”

Activities

This past weekend was very exciting for many of the activities at Williston High School. Mr. Sikes and Miss Tron took the speech team to state and reported back that we took fourth place out of a field of over twenty teams. These two coaches are very proud of their participants and stated that Williston gained some respect from the other schools in the state.

Both Girl’s and Boy’s hockey are going to state this weekend as the third seed from the west. The girl’s lost a heartbreaker in overtime to Bismarck at home this past weekend. The race in that division was so tight that if they had won, they would have placed first and if they would have tied, they would have taken second. The girl’s play this weekend in Minot. The boy’s hockey team lost their first game at WDA to Beulah-Hazen and then beat both Devils Lake and Mandan to earn a spot at state. The boy’s state tournament is in Grand Forks.

The wrestlers were down in Bismarck for their state championships. Kurt W. was one of our top performers taking second. Adam S. placed third, Shawn S. placed fourth and Brian S. finished sixth in the heavyweight division. Congratulations to Coach Michaelson and his staff for a successful season.

The Girl’s and Boy’s basketball teams have been very busy at home the past few weeks taking on four different opponents. The girl’s team had a record of 1-3 for this run and the boy’s maintained their perfect record at home at 8-0. James H. was nominated to the McDonald’s All American Team as well as receiving the Phil Jackson award for his season performance with coyotes.

The girl’s take on Dickinson this Thursday for their final home stand. The WDA regional tournament will begin March 3 and 4 in Bismarck. The state tournament is March 10 – 12. in Fargo.

To all the coaches and participants in all activities, congratulations on your hard work!

Prom

Prom is scheduled for April 23 this year. Prom is a formal event at WHS for boy/girl couples who have reached their senior/junior year or have graduated from high school. Students bringing a date from

outside WHS must complete a form and have the prom date approved by the principal. (All couples must be at least a junior in his/her high school and under 21 years of age.) All students must wear acceptable clothing to participate in the Grand March and the following dance. Any questions concerning attendance at the prom are to be directed to the principal.

Coyotes Den

The parent, teacher, student organization at WHS has been renamed. What was originally called PTO is now being called the “Coyotes Den”. This organization is working in cooperation with the student council at the high school so that they can plan healthy activities for our youth.

The next activity that is being scheduled is Spring Fling Week during March 21 – 24. Activities for that week include watching “South Pacific” for old movie night, having an open gym with sports tournaments and ending the week with a dance at the Field House on Thursday. If you are a parent, teacher or student and wish to get involved with this organization, our next meeting is scheduled for Monday, March 7, at 7:00 P.M.

Well, we are in the home stretch of the school year and the yearlings are in the new Middle School. We are looking forward to our commons area being completed and the heating/cooling upgrades that will be completed in the fall.

Sincerely,

Chris Kittleson
WHS Principal

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Counseling News

Williston High School
Mrs. Wick and Miss Koperski
Counselors
March 2005

Scholarships

- ❖ **Native American/Alaskan Natural Resource Students Scholarship** is offered for high school seniors who plan to study in the area of natural resources. The deadline date is April 1, 2005. Information and an application can be found at www.itcnet.org
- ❖ **College STEPS program** offers a college tuition scholarship of \$1,000. To register for a chance to win, enroll in the College STEPS program. To sign up, go to www.wellsfargo.com/collegesteps. Deadline to do this is May 30, 2005.
- ❖ **Ayn Rand Essay Contest** of the novel "The Fountainhead" or the novelette "Anthem" can be submitted online at www.aynrand.org/contests and must be done by March 18, 2005 and April 15, 2005.
- ❖ **National Federation of Independent Business (NFIB)** postmarked no later than March 15, 2005. The application can be downloaded at www.NFIB.com/education
- ❖ **"Got Milk"** – America's Milk Processors offers the "Scholar Athlete Milk Mustache of the Year Award Program. It recognizes outstanding scholar athletes in grade 12. The online application is at www.whymilk.com and the deadline is March 4, 2005.
- ❖ **North Dakota Crop Improvement and Seed Association** provides two \$500 scholarships to the NDSU College of Agriculture for incoming freshmen. The application can be found at www.ndcropimprovement.org
- ❖ **FastBreak Foundation Scholarship** is sponsored by American Family Insurance and Minnesota Timberwolves Foundation. This is for seniors who plan to attend a college or university this coming fall, have a minimum ACT of 19 and/or SAT of 850 and a 3.0 GPA. You must participate in extra curricular activities and complete 45 hours of community service outside of the school during the academic year. The deadline is March 31, 2005. The application is in the counselors' office.
- ❖ **Missouri Valley Communications** offers a scholarship to high school seniors, college students or to non-transitional students. The application is in the counselors' office. The deadline date is April 1, 2005.
- ❖ **Marv Rockstad Memorial Scholarship** is for seniors. Preference is given to students who exhibit high moral character, financial need, maintain a "C" average and volunteer service to their community. The deadline is April 1, 2005.
- ❖ **Kingsley T. Davidson Memorial Scholarship Trust** is based upon academics, school, and community and church activities. The deadline is April 1, 2005.
- ❖ **Williston State College** applications are in the counselors' office. The deadline date is March 15, 2005.
- ❖ **UND Balanced Man Scholarship** is based upon leadership, scholarship and community service activities. The deadline is March 25, 2005. The application is in the counselors' office.
- ❖ **Emerging Leaders Program** at UND is for incoming freshmen who are seeking involvement and leadership opportunities at UND. Contact UND at 701-777-4377.
- ❖ **UND Student Government Leadership Award** is in the counselors' office. The deadline is March 25, 2005.
- ❖ For seniors who plan to enroll in a ND public postsecondary career and technical education program of two years or less – apply for the **Reuben T. Guenther Scholarship**. The deadline is April 1, 2005. Information and application can be found at www.state.nd.us/cet/students/scholarship.html
- ❖ Students interested in a career in the equipment distribution industry and diesel technology may want to check out **Access your Future through RDO Equipment Co.** For more information, go to www.rdoequipment.com
- ❖ **Frank A. and M. Esther Wenstrom Foundation** offers a scholarship for seniors who graduate from a Williams County High School or from Carrington High School. You must attend either Williston State College or UND. The deadline is March 31, 2005. The applications are in the counselors' office.
- ❖ Colleges and universities also offer scholarships. Check their web sites for more information.

Dates to Remember

March 1 – Registration for incoming freshman

March 4 – Deadline for April 9 ACT

April 9 – ACT

ACT Registration

Register on line for the ACT by going to www.actstudent.org With the on line registration, you can complete your registration 24/7 on any computer

connected to the internet and you get your admission ticket sooner. You will need MasterCard or VISA to register on line. Juniors, you are encouraged to write the ACT in April for a number of reasons. You have nearly completed a full year of school and you should be on top of your academics. The North Dakota Scholars scholarship is based upon an ACT score of 29 or higher and has this as a deadline. You will be given opportunities to retake the assessment next year as a senior if you should decide. If you decide not to register on line, the packets are in the counselors' office.

NCAA Freshman Eligibility Standards

If you plan to enroll in any Division I or Division II college or university in the fall of 2005 or after, your NCAA initial eligibility will be evaluated under the new rules as described below.

The new rule increases the number of core courses from 13 to 14. This additional core course may be in any area: English, math, natural/physical science, social science, foreign language or non doctrinal religion/philosophy. There are changes in the Division I initial eligibility index or sliding scale. (See Mrs. Wick for information on this) The 16 core course rule (for the class of 2008) increases the number of core courses from 14 to 16 for Division I only. Students must complete three years of mathematics (Algebra I or higher) and four years of additional core courses. The additional core course may be taken in any area: English, math, natural/physical science, social science, foreign language or non doctrinal religion/philosophy. The breakdown is on the bulletin board in the counselors' office. Computer science is being eliminated as an acceptable core course area for students first entering any college or university on or after August 1, 2005.

Medora

The Theodore Roosevelt Medora Foundation is looking for summer employees. Each summer, the TRMF employees experience a wonderful opportunity in the world of work. They interact with thousands of visitors from across the nation and around the world. Wages start at \$6.00/hour. Employees are scheduled for 37.5 hours/week. Overtime is paid after 40 hours. Meals are available at a cost of \$3.50/meal, rent for a dormitory room is \$3.00/day. Employees must be 18 years of age to live in TRMF housing. Applications are in the counselors' office or on line at www.medora.com

A Career for You

If you are interested in a profession that is business and numbers, check out this site for information on certified public accounts. Career paths range from FBI special agents to controller of the New York Jets. Visit www.StartHereGoPlaces.com

Knowledge for College

Knowledge for College is a site for juniors and seniors to check out. There is information on how to select a school, a chance to win \$1000, scholarship opportunities and a resource for your parents. To see what this site might have just for you, check it out at www.CollegeAnswer.com

Articulation

For seniors who plan to attend WSC next fall, this information is for you! Articulation provides a way for students to earn college credit for skills and knowledge gained during high school. Because WHS has an articulation agreement with Williston State College, our students may be able to receive college credit for learning college-level material in high school.

There are three methods of earning college credit – through examination, current first aid/CPR card or by taking a higher level course. The test is given at no cost to you – the level of competency is set by an outside source than WSC – and based upon the score received, you are able to put the course on your college transcript at a cost of \$10 per credit hour. You must attend WSC for at least a year in order to do this. So, if you write the psychology exam, score an “A” on the exam, you are able to pay \$30 (3 credit class at \$10 a credit hour) and have Introduction of Psychology 111 placed on your transcript – now that is \$101.87 vs. \$10/credit hour – you have saved how much?

In the past, courses included College Algebra, Trigonometry, General Chemistry, Composition, Psychology, some business classes and First Aid.

Applications will be in the counselors' office soon in order to take the articulation tests. Watch for further information.

Registration for 2005-2006

Registration is about to begin for the 2005-2006 school year. Registration started on February 22 for the class of 2006 and February 24 for the class of 2007. Registration will begin February 28 for the class of 2008 and March 1 for the class of 2009. All times will be from 5:30 to 7:30.

SADD STUDENTS ENCOURAGE SEAT BELT USE

Motor vehicle crashes are the leading cause of death among fifteen to twenty year olds in the U.S.A. A person is four times more likely to be killed in a motor vehicle crash if he or she is not wearing a safety belt. Throughout the months of February and March, SADD members are distributing green ribbons to peers and community members encouraging them to support the Seat Belt Campaign and reminding them to buckle up. If you have not received a green ribbon and would like one, please inquire at the high school. Parents, please set a good example for your child and buckle up, and remind your child to do the same.

Susan Forthun
SADD Advisor

NOTICE TO PARENTS OF SENIORS

For those of you that still have your senior student's school fees to pay, please subtract \$12.00 from your bill for the diploma. Sorry for any inconvenience this may have caused. Thanks for your cooperation.

Close Up

Close Up Washington is an exciting week-long study visit to the nation's capital where the students gain the opportunity to experience our government and the political process firsthand. This year's trip will take place April 4 - 8.

The Close Up Washington week is a carefully organized series of activities designed to give the students a look at the process of government. The program will contain six to eight seminars, each featuring a different Washington expert. Students will have an opportunity to meet with our state's representative and senators and visit famous monuments. The last day, before our return, the students are given a chance to explore the sites that are most appealing to them.

Interested parents or students may contact Mr. Mack at the Williston High School in room 109.

Chris Mack
Close Up Advisor

The approved school board minutes are now online at:
<http://www.williston.k12.nd.us/board/> **There is also a link from our main website.**

DRESS CODE (at school or school sponsored events)

Students are expected to have appropriate appearance at all times. Inappropriate appearance includes, but is not limited to the following: Excessively torn or tattered clothing, clothing which is in poor taste, with obscene words or pictures, pants worn in a fashion that exposes underwear, Hooters, Co-ed Naked, Johnson or SPC shirts, spaghetti straps and tank tops, colored hair or hair style or body piercing that draws attention from the learning process.

Because Williston High School promotes a healthy lifestyle, promotion of tobacco, alcohol or illicit drugs through student dress, including caps will not be allowed. Students who habitually violate this code of conduct will be subject to disciplinary action.

Wearing of hats or caps by either girls or boys will not be allowed. Common courtesy dictates the removal of hats, upon entering the building, as a sign of respect.

PowerSchool

We encourage all parents and students to use the online area in PowerSchool to keep track of grades, assignments, attendance, etc. PowerSchool parent/student access is available at:

<https://williston.ps.state.nd.us/public/home.html> There is also a link to it from our main website at:

<http://www.williston.k12.nd.us/> Future assignments (if available) are listed in the same area as graded assignments. You will know which assignments are future assignments as they will have dates in the future. If you need to contact your teacher, click on the name of the teacher in PowerSchool and it should open your email program and put the email address of the teacher in the "To" area. The school bulletin area in PowerSchool has links to announcements, newsletters and your school's website. There is a separate login for parents and students. If you forget or misplace your PowerSchool login/password, please stop by the WHS office to get the information. Due to security reasons, we are unable to give this type of information over the phone.

Julie Palmer
Technology Department

NATIONAL HONOR SOCIETY NEWS

The National Honor Society kicked off the statewide service project "Daffodil Days" on February 10 at their regularly scheduled meeting. Each NHS member will be selling at least ten bunches of daffodils to help in the fight against cancer. Each bunch sells for \$7.00. The delivery date will be Monday, March 21. **SPECIAL NOTE: This year's daffodils will come from the same great supplier we had last year with direct delivery to Williston to ensure a higher quality product.**

The ND Association of National Honor Society in partnership with the American Cancer Society is proud to celebrate the return of spring with the launch of the annual Daffodil Days celebration and fundraiser. The daffodil is the first flower of spring and it symbolizes hope and renewed life. North Dakota's Daffodil Days was awarded the Outstanding Service Project at the National Conference of Secondary School Principals in November, 2002. Last year, Daffodil Days raised over \$90,000 for the fight against cancer!

The members of NHS continue to earn service hours via providing a grading service for teachers at semester time, working ball games and church dinners.

The Williston chapter is continuing to work on their special service project – Toys for the Shrine Hospital in Minneapolis to honor a WHS teacher who received treatment there as a child. Shriners Garvin Stevens and Tom Martin have each contributed \$100 towards this project. The toys will be delivered the end of March.

Joanne DeMars
NHS Advisor

BAND-O-RAMA

Band-O-Rama will be held in the Phil Jackson Field House on March 8 at 7:30 P.M. Six bands will perform including Williston High School's Concert and Symphonic Bands. Tickets are available at the door. Adults are \$3.00 and students and Senior Citizens are \$2.00.

**Chad Askim
Band Director**

DATES TO REMEMBER

- April 23 - Prom
- May 10 - Elk's Youth Day
- May 11 - Senior Awards Night
WHS Auditorium
7:00 P.M.
- May 14 - Band Day
- May 22 - Baccalaureate
St. Joseph's Catholic Church
7:00 P.M.
- May 23 - Honor Group to Rotary
El Rancho
11:45 A.M.
- May 24 - Honor Banquet
Time & Place TBA
- May 26 - Graduation Practice
All seniors must attend.
Phil Jackson Field House
9:30 - 11:30 A.M.
- May 29 - Graduation
All seniors must attend.
Phil Jackson Field House
2:00 P.M.
- May 29 - Operation Graduation
Attendance is optional.
10:00 P.M. - 4:00 A.M.

Senior Motto/Colors/Flower

Motto - In our hands we hold today,
in our dreams we hold the
future, in our hearts we
hold forever.

Colors - Orange, Black and Silver

Flower - White Rose

Making the Most

My oldest sister Mary used to complain that my older sister Bonnie was always finding dumb things, as she called them, to send to us and would end up clogging up her precious email box. Well, now that Mary is retired, she has had more time to look around the Internet and send on little bits of wisdom and jokes to the rest of us. Truth to be told, most of the time I find the things my sisters send me to be somewhat entertaining and, every once in a while, enlightening.

The latest batch of wisdom from my oldest sister included this little tidbit. "The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes their way."

They say that your younger years are the "best days of your life" which at the age of 48 is a bit of a depressing thought. If that statement about my younger years being my best is true, that means I have been on the skids for the last 30 years!

What a load of bunk!

While I was walking with one of our high school students during the Make-A-Wish fundraiser we were talking about all kinds of things and I told her that after she was out of high school, she would probably look back and see that they were indeed "the best days of her life." I did not want to tell her the other part of the story.

After you get through college, after you have gotten married, after you have had and raised kids, after all the struggles and triumphs of an everyday life, you should be able to look back on any point of your life and see that some of those days were "the best days of your life."

I do not know anyone whose life has been smooth sailing 100% of the time. But I have

always found an ability within myself to look back and smile, seeing the times when life was okay, when I learned an important lesson about people or life, when suddenly in the darkest times, a slender sliver of light came through to change everything.

There are days when I wonder why some of my students are so pessimistic, cynical, and sarcastic. Certainly, they do not get it from me! <grin> I just often wonder if they can see beyond today's experiences and know that there will be time later to make sense of all they are going through, if they cannot do that on a day-to-day basis. They have a very short sight, and if something is not going right for them now, they want the change to happen now if not sooner. While it is true that "today" is all they have, they, and we, have to learn that the only things that will change are the things we work at to change.

One thing I have learned in the 30 years since the "best days of my life" is that I had, and still have, a lot to learn. One lesson I have had to learn time and time again is that you can only work with what you have been given and that it is up to each individual person to make the most out of the things they were given.

"The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes their way."

Come rain or shine, come history tests or Shakespeare, come logarithms or balancing chemical equations, our life is what we do with what comes our way. Our role as adults is to show the young that today is only 24 hours long and the choices they make in that 24 hours can affect the next "today" they live.

Jim Geiermann
English Instructor

Ancient World History On the Internet

www.oldhistory.com

Parents:

Those students who are taking Ancient World History from Mr. Larsen have the advantage of studying and reviewing the course on the Internet. Mr. Larsen has created an inter-active online "Web-Textbook" that is freely available to students and community members worldwide.

The web-textbook shadows and compliments what is taught in class.

In addition, some of the most recent chapters would include what is taught in Modern World History. New material is added weekly.

The web-textbook consists of text, multiple-choice questions, animated graphics, photographs, drawings, maps, and even quizzes that students may take to gauge the progress of their learning.

Audio Quick Time movies pronounce key or difficult names and words for students.

The web-text is accessible from any home Internet computer, the library, the tutoring room and two student computers in Mr. Larsen's classroom.

Once again, the URL for the web-text is
www.oldhistory.com

Larry Larsen

DAILY ANNOUNCEMENTS/MONTHLY NEWSLETTER ONLINE

The WHS daily announcements and monthly newsletter are available in two locations:

1. <http://www.williston.k12.nd.us/whs/> and click on announcements or newsletter
2. Through PowerSchool parent/student access and click on "School Bulletin". There are links to both the announcements and newsletter in this area as well.

Economart Slips

Williston Senior High School has the opportunity to earn free equipment by collecting cash register tapes from Economart. This register tape collection program called S.O.S. (Support Our Schools) will allow us to collect 1% of all cash register receipts from Economart. This money will allow us to purchase everything from computers and textbooks to basketballs and drivers training vehicles. **In addition to this, half a percent will go to the Missouri Yellowstone Family Support Group from every receipt collected.**

We encourage you to save Economart cash registers tapes and send them to Williston Senior High School. Together, we can improve the quality of our children's education while easing the financial burden on our school.

The ending date for this promotion is March 27, 2005.

OPERATION GRADUATION

Plans for Operation Graduation are under way. If you are interested in chaperoning, we would like to hear from you. There are two shifts: the first will be 9:00 P.M. to 1 A.M., the second shift will be 12:30 A.M. to 4:30 A.M. Chaperones are assigned to help with the games. The last shift will also help with clean-up.

If you are interested in helping with the first shift, please call Angela Palmer at 572-1944. Call Carol Montgomery to volunteer for the second shift at 774-8928. Please call either number after 6 P.M.

FFA NEWS

FFA Awards Banquet

The FFA Awards Banquet will be held on Thursday, March 17, at 6:30 P.M. in the high school lunchroom. An awards ceremony will follow in the auditorium. Members will be honored for their accomplishments throughout the year.

Crop and Livestock Judging

Members will finish up their judging season on March 4 and 5 at the North Dakota Winter show.

FFA members celebrated National FFA week February 21-25.

High school students completed a quiz on their knowledge of the FFA and agriculture; prizes were awarded to the top three scores in each class.

The Annual Cherry Pie Social was held in honor of George Washington's birthday. School staff and businesses were invited to thank them for their support.

They also had a daily candy guess, a John Deere day and a dress up day.

Other Activities

They will be having their Annual Food for America program for the area second graders in May and will help with the Marketplace for Kids.

Wes Pepple
FFA Advisor

All-State Choir, Band & Orchestra Festival

The following students were selected by live audition to the 2005 All-State Choir, Band, and Orchestra Festival which will take place at the Alerus Center in Grand Forks on March 20, 21, and 22.

Mixed Chorus

Cherisse P. – Soprano 1
Kayla S. – Soprano 2

Women's Chorus

Sarah S. – Soprano 1
Gracia B. – Alto 1

Orchestra

James I. – Trombone

The students will rehearse Sunday, Monday, and Tuesday morning and then perform for the public Tuesday afternoon.

Herb Parker
Choir Director

PARENT/TEACHER CONFERENCE REMINDER

Senior High Parent/Teacher
Conferences will
be held on
April 5 from
5:30 P.M. – 8:30 P.M.

