

Williston High School CTE Health

Freshman Year	Sophomore Year ½ credit Health
Junior Year ½ credit Health	Senior Year ½ credit Health

◆ **Health**

Class Type Elective

Grade Level 10-12

Credit ½

Pre-requisite none

Class fee \$10.00

This course is designed to help students develop a well-rounded approach to 'good health' and learn ways to maintain optimum levels of wellness. Course content will include: characteristics of a healthy person, nutrition, substance abuse, communicable and non-communicable diseases, CPR and First Aid. Students have the opportunity to become Red Cross certified in Infant/Child/Adult CPR and First Aid.

There is a class fee of \$10.00 to cover training supplies and certification.

*State Standards 1, 2, 4, 8, 9